

## **Primary Care and Population Sciences**

### **News Archive**

'The Oxford Handbook of General Practice 4<sup>th</sup> Edition' co-written by <u>Dr Hazel Everitt</u> was one of four books awarded 'Highly Commended' in the Primary Health Care section at the <u>BMA book awards</u> September 2015. Oxford Handbook of General Practice 4th Edition

Chantal Simon, Hazel Everitt, Francoise van Dorp and Matt Burkes—Oxford University Press, March 2014. ISBN: 9780199671038. £34.99

Congratulations to <u>Lily Lai</u> et al on being awarded **2**<sup>nd</sup> prize for their poster presentation at the **RCCM** conference 10<sup>th</sup> September 2015.

**Conference abstract title:** Setting up herbal medicine trials in the United Kingdom: Lessons from a randomised feasibility study for Chinese herbal medicine and polycystic ovary syndrome.

Authors: Lily Lai, Andrew Flower, Philip Prescott, Michael Moore, George Lewith. http://www.rccm.org.uk

Congratulations to NIHR RDS and Wessex Institute on £3.2m funding for NIHR Centre for Patient and Public Involvement. Read more here. (Aug 2015)

Associate Professor, Ian Williamson (co-author) and PhD student Jane Vennik have been involved in a study for children with a common middle-ear problem. A simple procedure with a nasal balloon can reduce the impact of hearing loss and avoid unnecessary and ineffective use of antibiotics. Read more about this Study and see a demonstration of a nasal balloon in use. Media coverage can also be found here and here. (July 15)

<u>Associate Professor Hazel Everitt</u>, who will be awarded the RCGP John Fry award next May. This award is presented to a Member or Fellow of the College who has promoted the discipline of General Practice through research and publishing as a practising GP. (July 15)

<u>Professor Paul Roderick</u> who has been awarded The Terry Feest Award for Innovation by the UK Renal Registry. (July 15)

<u>Associate Professor, Borislav Dimitrov</u> et al were awarded the **2015 Michael Arthur Prize** for 'Best Research Publication' at the June 2015 Faculty of Medicine Research Conference. http://eprints.soton.ac.uk/375590/

**Ryan Buchanan,** the 'Blood borne virus project' that he is involved in has won 'most reproducible' with the audience vote at the Pharmaceutical Care Awards 18 June.

<u>Associate Professor Julie Parkes</u>, Julie received a special achievement award at the Faculty of Public Health conference for her major role in the national recruitment process for new trainees in Public Health. (June 2015)

The <u>latest issue of SPCR news</u> (School for Primary Care Research) has published an article written by <u>Geraldine Leydon</u>, <u>Associate Professor</u>, on Challenging Anti-Microbial Resistance, pages 4-5; and a research study on rates of depression led by <u>Professor Tony Kendrick</u>, page 2. (May 2015)

Researchers have received a grant of over £230,000 to explore a new way to reduce unnecessary treatment of non-aggressive prostate cancers. The grant is part of a £2m wave of Movember Foundation Project

Grants and Pilot Awards made by Prostate Cancer UK. Professor George Lewith from Primary Care will be leading the 2.5 year project, known as PROACTIVE, alongside Professor Alison Richardson from Health Sciences. Continue reading here. (May 2015)

<u>Professor Paul Little</u> has been <u>quoted in the Telegraph</u> about a new study published in the British Journal of General Practice. Paul and his team of researchers video-taped the consultations of 320 patients who visited 25 doctors in Southampton and found that, in contradiction to previous research, 'patients actually preferred a traditional style of doctor, who knew them personally, but who was relatively distant and professional.' (May 2015)

<u>Clare McDermott</u>, Sue Luscombe and Dr Charles Shepherd spoke at the <u>ReMEmber ME</u> research afternoon in Sussex 30th May. <u>BBC Radio Sussex Drive at Five with Sarah Gorrell</u> has covered news of the talk- and those speaking have been interviewed – the piece can be listened to <u>again here at 35:29mins</u>. Clare spoke about the scoping exercise and how it highlights the need for more specialist care for severely affected patients. (May 2015)

Gender equality linked with higher condom use in HIV positive young women in South Africa, features the work of <u>Dr Nuala McGrath</u> and has been covered by EurekAlert.org. Care2.com and Medical News Today (May 2015).

<u>Professor Paul Little</u> and his team (Mike Moore, Ian Williamson, Beth Stuart, Mark Mullee, and Gerry Leydon), on their paper 'Delayed antibiotic prescribing strategies for respiratory tract infections in primary care: pragmatic, factorial, randomised controlled trial' being selected as a finalist in the Research Paper of the Year category of the BMJ Awards 2015. The winner will be announced at the BMJ Awards ceremony at the Park Plaza Hotel Westminster Bridge, London, on 6 May.

BATHE study press release. (6 Feb 2015)

<u>Lily Lai</u> has written a <u>blog</u> for the School for Primary Care Research on the support from the <u>REACH</u> group.

PCPS PhD day, our yearly event where students present and receive feedback. Some of those students are funded by the SPCR, please click on the story <u>here</u>.

PCPS researchers have secured further funding from Prostate Cancer UK to evaluate PROACTIVE. See the SPCR story <u>here</u>. (Jan 2015)

Professor of Primary Care Research, Paul Little, was quoted in the <u>Daily Mail</u> last December about the University's earlier research on the best treatment for coughs, colds and sore throats.

Professor of Primary Care Research, Paul Little, is quoted in an article in The Daily Mail<<a href="http://www.dailymail.co.uk/health/article-2927320/From-cold-baths-high-heels-bit-discomfort-GOOD-you.html">http://www.dailymail.co.uk/health/article-2927320/From-cold-baths-high-heels-bit-discomfort-GOOD-you.html</a> about why a little discomfort is good for you. The article refers to Professor Little's research into the possibility of Ibuprofen suppressing an important part of the body's response to infection.

<u>NICE pneumonia guidelines</u> featuring <u>Professor Michael Moore</u> a member of the Guideline Development Group.

Using dance to help people with Parkinson's. Ruth Pickering, senior statistician from our academic unit is working on this NIHR funded study with <u>Ann Ashburn</u> in Health Sciences, full story <u>here</u>.

Renewed membership of the NIHR SPCR, read our press release here.

<u>SPCR study pivotal in leveraging further funding for COPD and co-morbidities</u>, news story from the SPCR (Nov 2014)

Dr Sarah Tonkin-Crine recently commented on the story 'Decision fatigue may lead to doctors prescribing unnecessary antibiotics' featured on foxnews.com

Congratulations to <u>Professor Michael Moore</u> who has been appointed a member of the Advisory Committee on <u>Antimicrobial Resistance & Healthcare Associated Infection</u> (ARHAI).

Primary Care and Population Sciences contributes to the University 'Our Impact' - examples of the research being carried out at the University which is impacting on lives of people in the UK and all over the world.

Improving care for patients with chronic kidney disease

Improving patient outcomes for depression

Reducing the threat of resistance to antibiotics

Developing a non-invasive test for fibrosis severity

Increasing awareness and reducing deaths from alcohol

Patients with severe ME have little or no access to specialist treatment services, <u>ITV Meridian interview with Clare McDermott</u> and <u>news story</u> from the SPCR (July 2014).

<u>Taking the lead on strategies to reduce prescribing of antibiotics</u>, news story from the SPCR (July 2014).

Our PhD student **Sam Watts**, has been named 'Young researcher of the year' at the South West SAPC conference held in Bristol (March 2014).

Professor Mike Thomas has spoken in an interview with the Daily Mail about the Government not giving people with asthma the same right to free prescriptions as those with other long-term conditions, such as diabetes and epilepsy. (11 Feb 2014).

Article in the Mirror: 'Top medic warns increased levels of antibiotics are putting nursing home residents at risk'.

Also related to this is an article from the BMJ following up on the select committee.

An interview with Professor Mike Thomas on the BBC radio 4 programme Inside Health is available to listen to via this link.

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An interesting Q&A with Professor Paul Little features in the Southampton Medicine New Boundaries magazine regarding his research into reducing antibiotic use, please click here for details.

# ARCHIVE of PCPS news stories from <u>Faculty of Medicine news</u>

#### 2015

http://www.southampton.ac.uk/medicine/news/2015/08/hazel-everitt.page?

http://www.southampton.ac.uk/medicine/news/2015/08/involve.page?

http://www.southampton.ac.uk/medicine/news/2015/07/internet-handwashing.page?

http://www.southampton.ac.uk/medicine/news/2015/07/31-nasal-balloon.page?

http://www.southampton.ac.uk/medicine/news/2015/05/22-prostate-cancer-uk-awards-researchers-grant-thanks-to-movember-funds.page?

http://www.southampton.ac.uk/medicine/news/2015/04/30-gender-equality-linked-higher-condom-use-hiv-positive-women-in-s-africa.page?

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http://www.southampton.ac.uk/medicine/news/2014/07/02\_patients\_with\_severe\_me.page?

http://www.southampton.ac.uk/medicine/news/2014/06/19\_new\_professor\_of\_primary\_health\_care\_research.page?

http://www.southampton.ac.uk/medicine/news/2014/06/06\_prof\_mike\_thomas\_contributes\_to\_nrad.page?

#### 2013

http://www.southampton.ac.uk/medicine/news/2013/11/08\_new\_test\_sore\_throats.page?

http://www.southampton.ac.uk/medicine/news/2013/11/06\_new\_msc\_public\_health.page?

http://www.southampton.ac.uk/medicine/news/2013/09/25\_traffic\_light\_test\_could\_prevent\_alco hol\_related\_cirrhosis.page?

http://www.southampton.ac.uk/medicine/news/2013/07/internet\_based\_training\_could\_help\_figh
t\_antibiotic\_resistance\_30.page?

http://www.southampton.ac.uk/medicine/news/2013/07/the\_curious\_incidence\_of\_kidney\_failure\_and\_other\_public\_health\_matters\_10.page?

http://www.southampton.ac.uk/medicine/news/2013/03/20\_97\_per\_cent\_of\_uk\_doctors\_have\_given\_placebos\_to\_patients.page?

#### 2012

http://www.southampton.ac.uk/medicine/news/2012/12/14\_commonly\_prescribed\_antibiotics\_in effective.page?

http://www.southampton.ac.uk/medicine/news/2012/12/12\_manipulative\_therapies.page?

http://www.southampton.ac.uk/medicine/news/2012/11/15\_gp\_warning\_on\_antibiotic\_overuse.p age?

http://www.southampton.ac.uk/medicine/news/2012/10/17\_new\_study\_aims\_to\_predict\_cancer\_r
isk.page?

http://www.southampton.ac.uk/medicine/news/2012/09/10\_acupuncture\_is\_of\_benefit\_for\_some \_types\_of\_chronic\_pain.page?

http://www.southampton.ac.uk/medicine/news/2012/08/29\_new\_traffic\_light\_test\_could\_save\_liv
es.page?